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**Main Street Radio Network President Jane Silk signs deal with Changing Lives  
Press for book out in Spring of 2012**



# THE POETIC GOURMETTE

[The Poetic Gourmette](#)

[Cooking with Prose & Poetry](#)

By Jane Silk

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Syndicated commentator and Main Street Radio Network President Jane Silk has a new book scheduled for publication next May. *The Poetic Gourmette* is a compilation of uniquely formed recipes inspired by emotional challenges experienced by the author at the time of creation. Recalling how it all came together, Jane says “I would move on to cooking and experimenting with various ingredients, which to me were like words. Every time I mixed an ingredient, I was expressing another feeling. When I completed my recipes, I felt that I had dealt with whatever the world had sent my way.”

Lisha Simester, author of the international best-seller *The Natural Health Bible*, says that she “was fascinated by this unique idea to combine food and poetry, but on reflection it makes perfect sense—poetry is food for the soul, both in the writing and the reading of it.” She adds, “This worthwhile book will bring an exotic and heartfelt experience to your table and to your heart. *Bon appetit!*”

Although immersed in the radio industry, Jane has modeled in Europe; worked production and continuity in films in the Middle East and Europe, e.g., *Once Upon a Time* (a Cannes Film Festival winner), and *Diamonds*, (starring Academy Award Nominee Robert Shaw).

She additionally owned and operated a very successful fashion and design clothing distribution company in Europe wherein silks imported from China and Italy were sold to high-end boutiques and well-profiled designers for fashion trunk shows. Said runway displays of products were often written up in such publications as *Vogue* and *The Observer* in Great Britain.

